

Pomme et Pork

From Raellyn Matter



Ingredients

1 c/240 ml heavy cream
1 c/200 g granulated sugar
1/2 c/120 mL light corn syrup
1/3 c/80 mL apple cider reduction (see Chef's Notes)
1/4 tsp/1.5 g salt
4 Tbsp/57 g butter, plus more for greasing
1 tsp/5 mL vanilla extract
3 Tbsp/20 g cooked bacon (rashers), finely minced with fatty bits removed

You Will Also Need

candy thermometer
silicone spatula

Chef's Notes

- Be sure to use a saucepan with a heavy bottom and tall sides.
- If you would like to make these in a hurry, just grab some real bacon bits in a jar from the grocery, and sift out the largest pieces until you have the smallest crumbs in the amount called for in the recipe.
- This step is optional, but the caramels are enhanced by wrapping them in a seductive little coat of chocolate. I recommend Guittard Semisweet chocolate wafers (61% cacao) for easy melting and dipping. Half a pound of chocolate will do the trick easily.

fold

Chef's Notes, Cont'd

- To create the apple cider reduction, place 2 cups of your favorite apple cider in a saucepan and let it simmer on medium low heat until it had reduced to 1/3 cup. This could take between 30-45 minutes depending on the water/sugar ratio in the cider, so I would recommend you do this before starting to make the caramels for the first time. You can cover and store the cider reduction in the refrigerator for up to two weeks.

Directions

Line a 8" square pan with foil and grease it well with butter to prevent the caramel from sticking.

Place the cream, sugar, corn syrup, apple cider reduction, and salt into the sauce pan and mix well over medium heat with the silicone spatula until the sugar melts completely. Add the butter and stir it in completely. Keep stirring until the sugar mixture begins to boil. Let the mixture continue to cook until it is in firm ball stage (245°-250°F / 118°-120°C).

Add the vanilla and stir it in quickly and carefully, as it will cause the sugar mixture to boil violently and splatter. When the mixture has calmed, add the bacon bits, stir well, and pour into the prepared pan.

Allow the caramel to cool, then cut with a sharp buttered knife into 1" squares.

Wrap the caramels in small squares of waxed paper or dip in melted dark chocolate for an even greater experience. Caramels can be stored in a airtight container for up to 2 weeks.

cut 